



Intuitive Reiki, Energy Clearing, Past-Life Regression, Spirit Channeling
Client Information and Commitment Sheet

In order to focus on the energy work during our healing session, please fill out this form beforehand and bring it with you, or send it at least 24 hours in advance of your session. Any information you share will remain confidential and is optional.

Client Information

First name: _____ Last name: _____

Address: _____

Phone number: ____-____-____ Email address: _____

Below, please provide information you would like me to know about you before the healing.

Have you ever had any of these healings done? Is there anything I should know about those experiences?

Physical state (0 is no pain and 5 is much pain):

What is the level of your physical pain? 0 1 2 3 4 5

Where? _____

Emotional state (0 is no stress and 5 is much stress):

What is your level of stress? 0 1 2 3 4 5

Anxiety? 0 1 2 3 4 5

Other relevant emotions: _____ 0 1 2 3 4 5

Why? _____

What is your intention for your session? _____

For instance in *Regression* or *Channeling*, what one issue would you like greater clarity about?

If it is *Intuitive Reiki, Energy Clearing*, what one symptom or situation do you most want to relieve?

Any other information you think would be important to communicate?

Are you open to work on positive visualization or simple meditation techniques during and after the session as needed? Yes ___ No ___

Client Commitment

I understand that *Intuitive Reiki, Energy Clearing, Past-Life Regression, Spirit Channeling* is energy work that the practitioner performs with her hands by hovering just above the body. I also understand that Serena Cekan and other healing practitioners do not diagnose conditions, prescribe substances, or interfere with the treatment of a licensed medical professional.

I understand and believe that the body has the ability to heal itself, and to do so takes a combination of personal commitment to healing as well as potentially several sessions. I understand that self-improvement may require me to willing to change in a positive way, thereby shifting old patterns that have depleted my chakra energies and lead me to distress.

Knowing that healing is also an individual matter, I promise to view all channeled guidance from Serena or the mentors who come through my own common sense. "Take what you like and leave the rest" is the motto for all healing. However well-meant and clear the guidance may be, you are the best judge for what will further your life's journey.

Administration

A minimum of 12-hour notice is required to reschedule or cancel an appointment by calling 202-651-0135. I understand for broken appointments, no shows and less than 12-hour notice, I will be charged in full for the scheduled time. Payment can be made by cash or cheque.

All sessions can be taped or notes taken but Serena Cekan does not record sessions.

Signature and date:

Serena's notes (as needed):
